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WHAT IS CLAIMED IS:

- 1. A method of measuring a concentration of an analyte in a sample, wherein said method comprises:
 - a) irradiating said sample with modulated incident light wherein said sample comprises a first fluorophore which absorbs a portion of said incident light and then emits emitted light, wherein the portion of said incident light absorbed by said first fluorophore is sensitive to the concentration of the analyte in the sample;
 - b) allowing said emitted light to irradiate a second fluorophore;
 - c) measuring light emitted from said sample;
 - d) determining the phase angle or modulation of said light emitted from said sample; and
 - e) correlating sald phase angle or modulation to said concentration of said analyte.
- The method of claim 1 wherein said modulated light is modulated at a frequency between 10 KHz and 100 MHz.
- 3. The method of claim 1 wherein said modulated light is modulated at a frequency between 50 KHz and 10 MHz.
- 4. The method of claim 1 wherein said modulated light is modulated at a frequency between 1 MHz and 10 MHz.
- 5. The method of claim 1 wherein said first fluorophore is a naturally occurring component of said sample.
- 25 6. The method of claim 1 wherein said first fluorophore is added to said sample.
 - 7. The method of claim 1 wherein said first fluorophore has a decay time on a nanosecond timescale.
- 30 8. The method of claim 1 wherein said second fluorophore has a decay time on a microsecond timescale.

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- 9. The method of claim 1 wherein said second fluorophore is a naturally occurring component in said sample.
- 10. The method of claim 1 wherein said second fluorophore is added to said sample.
- 11. The method of claim 1 wherein said second fluorophore is separate from said sample.
- 12. The method of claim 1 wherein a probe for measuring said light emitted from said sample comprises said second fluorophore.
- 13. The method of claim 1 wherein said second fluorophore is on a container containing said sample.
- 14. The method of claim 1 wherein said analyte is in vivo, blood plasma, whole blood, saliva or body fluid.
- 15. The method of claim 14 wherein said second fluorophore is placed onto the outside of an organism comprising said analyte.
- 16. The method of claim 1 wherein said analyte is selected from the group consisting of H⁺, pH, Na⁺, K⁺, Li⁺, Mg²⁺, Ca²⁺, Cl⁻, HCO₃⁻, CO₂, glucose, lactate, an antigen and a drug.
- 17. The method of claim 1 wherein said first fluorophore is selected from the group consisting of Quin-2, Fura-2, Indo-1, Calcium Green, Calcium Orange, Calcium Crimson, Benzoxazine-crown, Mag-Quin-2, Magnesium Green, Benzoxazine-crown, PBFI, Sodium Green, SNAFL-1, C. SNAFL-1, C. SNAFL-2, C. SNARF-1, C. SNARF-2, C. SNARF-6, C. SNARF-X, BCECF, Resorufin Acetate, 6-methoxy-*N*-ethylquinolinium chloride, *N*-(6-methoxyquinolyl)acetoethyl ester, 6-methoxy-*N*-ethylquinolinium chloride, 6-methoxy-*N*-(3-trimethylammoniumpropyl)quinolinium dibromide, 6-methoxy-*N*-(4-aminoalkyl)quinolinium bromide hydrochloride, 6-methoxy-*N*-(3-methoxy-*N*-(3-methoxy-*N*-(4-aminoalkyl)quinolinium bromide hydrochloride, 6-methoxy-*N*-(3-me

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sulfoproxyl)quinolinium, *N*-sulfopropylacridinium, *N*,*N*'-dimethyl-9,9'-bisacridinium nitrate, *N*-methylacridinium-9-carboxamides, *N*-methylacridinium-9-methylcarboxylate, 8-hydroxypyrene-1,3,6-trisulfonate, [Ru(4,4'-diethylaminomethyl-2,2'-bipyridine)(2,2'-bipyridine)₂]²⁺; Oregon Green, DM-NERF, Cl-NERF, Mag-Quin-1, Mag-Fura-2, Mag-Fura-5, Mag-Indo-1, Mag-Fura-Red, Mg Orange, sodium-binding benzofuran isophthalate, sodium-binding benzofuran oxazole, CD222, Fura Red, BTC (coumarin benzothiazole-based indicator), Fluo-3, Rhod-2, Ca Green-2, Ca Green-5N, Ca Orange-5N, Oregon Green - BAPTA-1, BAPTA-2 and BAPTA-5N.

18. The method of claim 1 wherein said second fluorophore is a compound selected from the compounds shown in Figures 20A through 20L.

- 19. The method of claim 1 further comprising inserting a filter between said light emitted from said sample and a detector wherein the percentage of light emitted from said first fluorophore which is absorbed by said filter is different than the percentage of light emitted from said second fluorophore which is absorbed by said filter.
- 20. The method of claim 19 wherein the percentage of light emitted from said first fluorophore which is absorbed by said filter is greater than the percentage of light emitted from said second fluorophore which is absorbed by said filter.
- 21. The method of claim 19 wherein multiple measurements are made wherein measurements are made i) with different filters or ii) with one or more filters and with no filter.
- 25 22. The method of claim 1 wherein measuring is performed at more than one frequency.
 - 23. The method of claim 1 wherein said sample comprises a light scattering medium.
 - 24. The method of claim 23 wherein said light scattering medium is skin.
 - 25. The method of claim 1 wherein said method is used clinically.

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The method of claim 16, wherein said analyte is glucose, further wherein said second

fluorophore is a glucose-sensitive fluorophore or a glucose-binding protein. The method of claim 26 wherein said glucose-binding protein is a glucose-galactose 27. 5 binding protein or concanavalin A The method of claim 27 wherein said glucose-galactose binding protein or concanavalin 28. A is labeled with a fluorophore. The method of claim 16 wherein said analyte is an antigen or a drug, further wherein said 29. second fluorophore is an antibody labeled with a fluorescent compound or said second fluorophore is an antibody fragment labeled with a fluorescent compound. The method of claim 16 wherein said analyte is lactate, further wherein said second 30. fluorophore is a lactate-specific fluorophore or a lactate binding protein labeled with a fluorescent compound. The method of claim 1 wherein said incident light is produced by a laser, a light emitting 31. diode (LED) or an electroluminescent light source (ELL). 20 The method of claim 1 wherein said sample is from a tissue culture or an aquarium. 32. The method of claim 1 wherein said method is used to monitor a bioprocessing reaction. 33. The method of claim 1 wherein said method is used as a part of an analytical chemistry 25 34. process. The method of claim 1 wherein said method is used industrially or in process control. 35.

The method of claim 1 wherein said first fluorophore is said analyte.